

Inspire to Reach Higher: Konkani Proverbs

Words of Wisdom that I.N.S.P.I.R.E.

Amey Hegde

Inspire to Reach Higher: Konkani Proverbs Empowering Quotes that J.N.S.J.J.R.E. Amey Hegde, Motivational Speaker & Corporate Trainer, Goa, India

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Konkani

Konkani (कॉकणी) language is spoken on the western coast of India. It is one of the 22 scheduled languages mentioned in the Indian Constitution, the official language of the state of Goa, and a minority language in Karnataka and northern Kerala (Kasaragod district).

Konkani is written in the following scripts:

- i) Devanagari
- ii) Roman
- iii) Kannada
- iv) Malayalam
- v) Persian

Introduction

As an inspirational speaker I am often amazed by the power that lies in a single proverb to transform someone's life. Good proverbs, though short, can be profound and have the power to transform one's life and one's thoughts. Empowering proverbs "I.N.S.P.I.R.E." us to reach higher. They:

I nfuse positive energy and zest for life

N urture new ideas and visions

S ummarize complex concepts and ideologies

P rovide us with a new perspective of seeing things

I nspire us to have dreams

R eveal the mindsets of successful people

E ncourage us in times of despair

This book contains handpicked Konkani quotations thoughtfully arranged in alphabetically ordered sections to remind us of timeless truths. I do hope the proverbs in this book will inspire you to reach higher...

-Amey Hegde

Acknowledgements

Proverbs sourced from *The Konkani Proverbs* by V. P. Chavan, *Konknni Oparinchem Bhanddar* by Antonio Pereira S. J. and *Florilegio de Proverbios Concanis* by Msgr. Sebastiao Rodolfo Dalgado.

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Action & Hard Work

Chakri kelear bhakri asa.

चाकरी केल्यार भाकरी आसा.

Serve and you will get bread.

Hard work produces results.



Action & Hard Work

 ${\cal K}$ axtti bhizleabogor nustem dhorum nozo.

काश्टी भिजल्याबगर नुस्तें धरं नज.

You cannot catch fish without getting your loincloth wet.

Nothing is gained without effort. No pain, no gain.



Action & Hard Work

 \mathcal{L} ojek ani pejek poddona.

लजेक आनी पेजेक पडना.

Shyness and rice-gruel don't go together.

When you want to succeed, you must push on, even immodestly.



Commitment: Do what you say

 ${\it M}$ onx'ak utor, gôrvak danvem.

मनशाक उतर गोरवाक दांवें.

A man is bound by his word, a cow by its harness.

A man must honour his word voluntarily, without being compelled by force.



Encouragement: Don't discourage sincere efforts

Choddtti val katorchi nhoi.

चडटी वाल कातरची न्हय.

One should not cut a climbing vine.

Sincere efforts should not be discouraged.



Forgiveness: Tit for tat isn't the best policy

Eklean gay marlear, dusrean padduk marchem nhoi.

एकल्यान गाय मारल्यार दुसायज्न पाडूक मारचें न्हय.



If one has killed a cow, the other should not kill a calf.

Two wrongs do not make a right.

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Forgiveness: Tit for tat isn't the best policy

Sunnean chablem mhunn, sunneak ghans marop?

सुण्यान चाबलें म्हूण सुण्याक घांस मारप?

Can you bite a dog because it has bitten you?



Retaliation for an offense has to be appropriate.

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Gratitude: Reduce complaining

 ${\cal D}$ ukor posunk vhelear roddtta, ani marunkui vhelear roddtta.

दुकर पोस्ंक व्हेल्यार रडटा आनी मारंकय व्हेल्यार रडटा.

A pig keeps squealing whether you take it for feeding or for slaughter.



Some people are never content, they constantly complain.

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Honesty: The best policy

alphang udkan nitoll mon sotan nitoll.

आंग उदकान नितळ, मन सतान नितळ.

As the body is cleansed by water, so is the mind purified by truth.



Honesty: The best policy

आंवाळे विक्न आयिल्ले दुडू खोरज्खायनात.

Money gained by selling anvalle (amla) does not irritate the throat.



Any honest work should not be considered as below one's dignity.

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Perseverance: Never give up

Ordhea maddar choddun hat soddche nhoi.

अधा माडार चडून हात सोडचे न्हय.

One should not let go after climbing halfway up a coconut tree.

Abandoning work midway can be disastrous.



Perseverance: Never give up

 ${\cal R}$ azvan fator legit zhorta.

राजवान फातर लेगीत झरता.

A rope can wear out even a stone.

Refers to an old Goan custom of drawing water from a well by pulling a rope against a huge stone.

Perseverance prevails.



Personal Responsibility: Stop the blame game

alletplo koito hatar boslear, nal'lak kiteak galli?

आपलो कोयतो हातार बसल्यार नाल्लाक कित्याक गाळी?

If the chopper cuts your hand, why curse the coconut.

Do not blame someone else for your own mistake.



Personal Responsibility: Stop the blame game

 ${\cal N}$ achunk kollona, angonn vankddem.

नाचूंक कळना, आंगण वांकडें.

If you can't dance, the floor is crooked.

Those who fail blame their circumstances.



Think before you speak: Rumours spread like wild fire

 ${\cal D}$ olleanchem tem khorem, kananchem tem fottkirem.

दोळयाचें तें खरें, कानाचें तें फटिकरें.

What is seen is true, what is heard may be untrue.



Truth is what you witness in person. One cannot believe in the hearsay version.

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Think before you speak: Rumours spread like wild fire

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वाऱ्यार हुवाळल्लो कापूस मुटेंत धरुंक जायना.

Cotton once blown by the wind cannot be caught in the fist.





Think Positive

 ${\mathcal F}$ aleam mortolo mhunn aizuch fonddatt poddchem re?

फाल्यां मरतलो म्हूण आयजूच फोंडांत पडचें रे?

Just because one will die tomorrow, should you fall into the grave today itself?



Do not anticipate bad things too much. Meet danger when it comes.

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About This Book:

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About the Author:



Amey Hegde is an Internationally Certified Corporate Behavioral Trainer, Motivational Speaker, Management Consultant based in Goa, India.

Amey's academic qualifications include Post Graduate Studies in Behavioral Sciences Training (PGCPBST) from MIBS & graduate studies in Electronics & Telecom Engineering from Goa Engineering College. He has also been trained by eminent faculty from IITs, IISc Bangalore & SIBM Pune in areas of technology & management.

Amey has been trained to use international concepts of Edward de Bono's Six Thinking Hats® and Lateral Thinking™, Facilitation Skills to Crestcom® standards, and Neuro Linguistic Programming (NLP).

He is also certified to administer and debrief the internationally acclaimed psychometric assessment Thinking Pattern Profile™. Amey has over twelve years of work experience in several MNCs & Fortune 100 companies in Europe and India with a varied cultural exposure while working with teams from USA, Canada, Germany, Japan & China and before stepping out into the entrepreneurial training field, was last working at Wipro Technologies, Bangalore.

Amey has trained innumerable participants - Directors, GMs, senior HR managers, trainers, executives, students, teachers, doctors, professionals, entrepreneurs from several organizations on various topics to enhance their productivity. Amey also conducts training needs identification & analysis programs, executive coaching interventions & psychometric assessments for employees. For more details visit http://ameyhegde.in, email amey.hegde@gmail.com

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