



Date: Friday, 20th July, 2012

Time: 10.00 am - 5.00 pm

Venue: The International Centre Goa, Dr. E. Borges Road,
Near Goa University, Dona Paula, Goa. 403004.

The International Centre Goa (ICG)

presents a

One - day power packed training workshop

Creating Positivity Within™

Resource Faculty:

Mr. Amey Hegde

Corporate Behavioral Trainer, Management Consultant

*“Positive thinking
will let you do
everything better
than negative thinking will”*

- Zig Ziglar

FACULTY PROFILE: AMEY HEGDE



Amey Hegde is an internationally certified Corporate Behavioral Trainer, Motivational Speaker, Management Consultant and an internationally published Author.

Amey's academic qualifications include Post Graduate Studies in Behavioral Sciences Training (PGCPBST) from MIBS, USA and graduate studies in Electronics & Telecom Engineering from Goa Engineering College. He has also been trained by eminent faculty from IITs, IISc Bangalore and SIBM Pune in areas of technology and management.

Amey has been personally coached by various master motivational trainers on the mindsets and skills sets to practice and implement international concepts of Edward de Bono's Six Thinking Hats® and Lateral Thinking™, Facilitation Skills to Crestcom® standards, and Neuro Linguistic Programming (NLP) in developing and conducting training programs. He is also certified to administer and debrief the internationally acclaimed psychometric assessment **Thinking Pattern Profile™**.

Amey has over twelve years of work experience in several MNCs & Fortune 100 companies in Europe and India with a varied cultural exposure while working with teams from USA, Canada, Germany, Japan & China and before stepping out into the entrepreneurial training field, was last working at Wipro Technologies, Bangalore.

In Goa, Amey has conducted trainings on a wide spectrum of topics including Motivation, Positive Attitude, Goal Setting, Time Management, Business Communication, Email Etiquette, English in the workplace, Presentation & Facilitation Skills, Team Building, Creative Thinking, Customer Service, NLP, Personality Development, Facing Interviews & GDs, Leadership Skills & Advanced Influencing and Selling Skills for organizations such as Albèa (Formerly Betts India), Aventis Pharma, Beiersdorf, Berger Becker, Borkar Packaging, Cipla, UTI Mutual Funds, Rotary Club, IIPS, ICSI, ICAI, ISTD, ISBT, NICMAR, NIPM, SMRC Hospital, SSIMS, Power Engineering (Pai Kane Group), Central Library, TISA, AEDI, S S Dempo College of Commerce, Govt. College of Arts & Commerce Pernem, Fr. Agnel College of Arts & Commerce, Pilar, MacLellan Integrated Services, Glynwed Pipe Systems, Crompton Greaves, Sandoz, Watson Pharma, Zuari Industries and many more. He has trained innumerable participants - Directors, GMs, plant heads, Heads of Department, senior HR managers, trainers, workers, executives, sales professionals, principals, teachers, doctors, professionals, entrepreneurs and students from several organizations in Goa on various topics to enhance their personal & professional productivity.

Amey has also conducted training needs identification & analysis programs, executive coaching interventions and has administered & debriefed the Thinking Pattern Profile™ psychometric assessment for various employees in Goa.

A power packed session based on the internationally acclaimed frameworks of

Positive Psychology™

&

Neuro Linguistic Programming (NLP).

Increasing positive emotions leads to more open, creative, and flexible thinking processes, enhanced psychological strengths (like being more resilient, and more driven by purpose), better social connections, and better physical health. People imbued with “**positivity**” are healthier and more productive. They bounce back from adversity more quickly, have better relationships and live longer.

This power packed workshop provide individuals with simple techniques, for increasing positivity towards themselves, others & situations and to develop a sense of purpose that gives more meaning to life. This program also helps one to understand what one needs to feel happier and more content in one’s job and life and to maintain one’s motivation in even tough times.

BENEFITS OF THE PROGRAMME:

- Learn and apply strategies for increasing positivity
- Develop higher levels of confidence, happiness and energy
- Find hidden resources and strengths inside oneself
- Learn a powerful 5 minute habit that can increase your happiness by 25%
- Self-motivation - maintaining your motivation in tough times
- Develop higher levels of job satisfaction
- Develop a sense of purpose that gives more meaning to life
- Understand the importance of goals in personal & professional growth
- Appreciate yourself & others to create a climate of support at home and work

TRAINING METHODOLOGY:

The session involves an amalgamation of training delivery techniques such as group discussions, management games, role plays, experiential learning, audio-visuals, use of stories & anecdotes, guided introspection, and other effective & innovative methods of learning.

WHO SHOULD ATTEND:

This workshop will be beneficial to all:

- individuals,
- professionals,
- entrepreneurs,
- teachers as well as
- executives/managers in all functions/levels.

REGISTRATION DETAILS

INVESTMENT:

Since this workshop is organized by The International Centre Goa (ICG), a non-profit society that initiates human resource development programmes and encourages initiatives in promoting the welfare of the people of Goa, India and the neighborhood, the session is highly subsidized to **Rs. 900/- (Members), 1000/- (Non-Members)** per participant inclusive of course material, lunch & refreshments.

REGISTRATION PROCESS:

Duly filled in registration form along with the registration fee, should be sent by Demand Draft / Cheque in favour of The International Centre Goa payable at Panjim, Goa to the address mentioned in the form. All participants will be issued '**Certificate of Participation.**'

LAST DATE:

The last date of registration is **15th July, 2012.**

Seats are limited, please send your nomination forms along with the registration fees as soon as possible to the address below to avoid disappointment.



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