Inspire to Reach Higher:Thirukkural

Words of Wisdom that I.N.S.P.I.R.E.
Amey Hegde

Inspire to Reach Higher: Thirukkural

Empowering words that I.N.S.P.I.R.E.

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Thirukkural

Thirukkuṟaḷ (Tamil: திருக்குறள் also known as the Kural), is a classic of couplets or Kurals or aphorisms. It was authored by Thiruvalluvar, a celebrated Tamil poet and philosopher. Most believe he wrote Thirukkural in 30 BC. It is one of the most important works in the Tamil language.

Thirukkural is a collection of 1330 Tamil couplets grouped into three sections.

•Aram: Righteousness: 380 verses: good ethical behavior with conscience and honor ("right conduct")

•Porul: Wealth: 700 verses: right manner of conducting worldly affairs

•Inbam: Love: 250 verses: love between men and women.

Thirukkural preaches simplicity and truth throughout its verses.

Introduction

As an inspirational speaker I am often amazed by the power that lies in a single saying to transform someone's life. Good sayings, though short, can be profound and have the power to transform one's life and one's thoughts. Empowering sayings "**I.N.S.P.I.R.E.**" us to reach higher. They:

I nfuse positive energy and zest for life
N urture new ideas and visions
S ummarize complex concepts and ideologies
P rovide us with a new perspective of seeing things
I nspire us to have dreams
R eveal the mindsets of successful people
E ncourage us in times of despair

This book contains handpicked couplets from **Thirukkural** thoughtfully arranged in sections to remind us of timeless truths. I do hope the words of wisdom in this book will inspire you to reach higher…

-Amey Hegde

Acknowledgements

Couplets sourced from *Thirukkural : with english couplets* by Shuddhananda Bharati

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Self-awareness

$\mathcal{N}$o harm would fall to any man 190
If each his own defect could scan.

$\mathcal{N}$othing hampers the firm who know 472
What they can and how to go.

Importance of Learning

$\mathcal{L}$earning is wealth none could destroy 400

Nothing else gives genuine joy.

$\mathcal{K}$now first the secret from experts 677

That is the way of fruitful acts.

Kindness

*I*n heav'n and earth 'tis hard to find 213
A greater good than being kind.

*D*oing good-turns, put them to shame 314
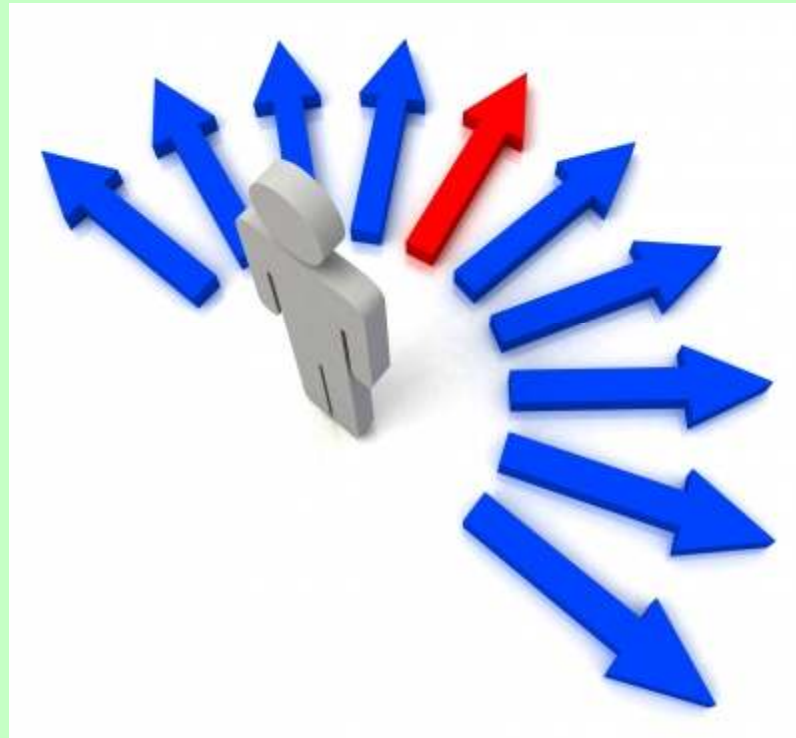Thus chide the evil who do harm.

Gratitude

𝒰nhelped in turn good help given 101
Exceeds in worth earth and heaven.

𝒯o forget good turns is not good 108
Good it is over wrong not to brood.

Effective Decision Making

Weigh well output the loss and gain 461

And proper action ascertain.

Weigh well the end, hindrance, profit 676

And then pursue a fitting act.

Firmness of purpose

$\mathcal{E}$asy it is a thing to get 540
When the mind on it is set.

$\mathcal{D}$o with firm will though pains beset 669
The deed that brings delight at last.

Strive for success

$\mathcal{F}$ortune enquires, enters with boom 594
Where tireless strivers have their home.

$\mathcal{F}$eel not frustrate saying "Tis hard". 611
Who tries attains striving's reward.

Don't Quit

*E*lephants are firm when arrows hit 597
Great minds keep fit ev'n in defeat.

*I*n doing work don't break and shirk 612
The world will quit who quits his work.

Effective Communication

Speaking out thoughts in clear trends 424
Wisdom subtle sense comprehends.

The pure in thought and eloquence 711
Adapt their words to audience.

Think before you speak

Since gain or ruin speeches bring 642
Guard against the slips of tongue.

They overspeak who do not seek 649
A few and flawless words to speak.

Importance of good company

$\mathcal{P}$urity of the thought and deed 455
Comes from good company indeed.

$\mathcal{N}$o help good company exeeds; 460
The bad to untold anguish leads.

Choose right friends

*W*ho make you weep and chide wrong trends 795
And lead you right are worthy friends.

*O*ff with thoughts that depress the heart 798
Off with friends that in woe depart.

Let-go of hatred

*H*arm others in the forenoon 319

Harm seeks thee in afternoon.

*F*ortune favours when hate recedes 859

Hatred exceeding ruin breeds.

Walk your talk

$\mathcal{E}$asy it is to tell a fact 664

But hard it is to know and act.

$\mathcal{N}$o fool equals the fool who learns 834

Knows, teaches, but self-control spurns.

INSPIRE TO REACH HIGHER: THIRUKKURAL

About This Book:

Inspiring words hold the power to transform one's life and thoughts. This book contains handpicked couplets from the Tamil classic, Thirukkural, thoughtfully arranged topic-wise to remind us of timeless truths and to inspire us to reach higher. Download Amey's other free ebooks from http://ameyhegde.in/ebook.html

About the Author:

Amey Hegde is a Motivational Speaker, Corporate Behavioral Trainer and an internationally published author based in Goa, India.

Amey's academic qualifications include Post Graduate Studies in Behavioral Sciences Training (PGCPBST) from MIBS & graduate studies in Electronics & Telecom Engineering from Goa Engineering College. He has also been trained by eminent faculty from IITs, IISc Bangalore & SIBM Pune in areas of technology & management. Amey has been trained to use international concepts of Edward de Bono's Six Thinking Hats® and Lateral Thinking™ , Facilitation Skills to Crestcom® standards, and Neuro Linguistic Programming (NLP).   He is also certified to administer and debrief the internationally acclaimed psychometric assessment Thinking Pattern Profile™.

 Amey has over thirteen years of work experience in several MNCs & Fortune 100 companies in Europe and India with a varied cultural exposure while working with teams from USA, Canada, Germany, Japan & China and before stepping out into the entrepreneurial training field, was last working at Wipro Technologies, Bangalore.

   Amey has trained innumerable participants - Directors, GMs, senior HR managers, trainers, executives, students, teachers, doctors, professionals and entrepreneurs from several organizations on various topics to enhance their productivity. Amey also conducts training needs identification programs, executive coaching & psychometric assessments for employees.

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